

# MIO

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JAPANESE STREET FOOD & RAMEN BAR

## • LUNCH MENU •

12pm to 5pm



### COLDS, BITES & SALADS

Wakame Seaweed Salad.....	4
Edamame with Maldon Salt or Ponzu & Togarashi.....	4
Kimchi.....	3
Egg Fried Rice.....	5
Vegan Miso Soup w/ Tofu and Seaweed.....	4



### RAMEN, (Weekdays 12-17 any Ramen £10)

The Wolfhart.....	13
Rich chilli-sesame pork broth, garlic chips, burnt garlic oil, pork belly, spicy bamboo shoots, and soft-boiled, marinated egg	
Lamb Tantamen.....	13
Rich chilli-sesame chicken broth, spicy lamb mince, smoked lamb loin, pak choi, bamboo shoots, spring onion, parmigino cheese and chilli flakes	
Tonkotsu.....	13
Rich pork broth, spring onion, garlic chips, burnt garlic oil, pork belly, pickled ginger, and soft-boiled, marinated egg	
Shoyu Chicken Ramen.....	13
Chicken and soy sauce broth, soy-poached chicken thigh, pickled ginger, fried shallots, and soft-boiled, marinated egg	
Yuzu Mushroom Ramen.....	12
Mushroom dashi, mixed wild mushrooms, silken tofu, spring onion, yuzu zest, and with/without a tea-pickled egg	

### Extra Ramen Toppings

Pork Belly.....	2.5	Extra Broth.....	3
Chicken thigh.....	2.5	Bean Sprouts.....	1
Noodles.....	2.5	Bamboo Shoots.....	1.5
Egg.....	1.5		



### HOTS

Chicken Karaage w/ Kewpie Mayo.....	6.5
Tempura Soft Shell Crab Tacos w/ Avo.....	11
Charred Tenderstem Broccoli w/ Yuzu Mayo.....	6
Glazed Pork Ribs w/ Teriyaki.....	8
Home-made Mushroom Gyozas.....	6.5
Season Tempura Vegetables w/ Kimchi Mayo.....	6
Shishito deep fried peppers.....	5
Miso marinated aubergine w/ walnuts.....	5.5



### LUNCH SPECIAL RICE BOWLS

Salmon Don.....	12
Grilled Scottish salmon, Jasmine rice with sweet soy and vegan Miso soup	
Chicken Don.....	11
Pan fried chicken thigh, Jasmine rice with sweet soy and vegan Miso soup	
Katsu Curry Don.....	11
Panko breaded deep fried chicken w/ Jasmine rice and homemade Japanese curry sauce	
Japanese Veg Curry Don.....	9
Homemade carrot, potatoes and white onion curry with Jasmine rice	
Salmon/Tuna Poke Bowl.....	9.5/10.5
Raw Sashimi grade salmon or tuna with avocado, edamame, sesame, mango, spring onions on Jasmine rice	



### KID'S MEAL

Mini Chicken Ramen.....	7.5
or	
Mini Mushroom Ramen.....	7.5
or	
Plain Noodle with yakitori chicken skewers.....	7.5



### SUSHI PLATTERS

Salmon Lover.....	15
4pc - Salmon / avocado	
4pc - Spicy salmon / cucumber	
2pc - Salmon nigiri	
2pc - Salmon sashimi	
Edamame beans / wasabi / ginger / soy sauce	
Mixed Maki Set.....	15
4pc - Prawns tempura roll	
4pc - Spicy tuna / cucumber	
2pc - Salmon nigiri	
2pc - Tuna nigiri	
Edamame salad / wasabi / ginger	
California Set.....	16
4pc - California roll	
4pc - Salmon / avocado	
3pc - Salmon / tuna / prawns (nigiri)	
3pc - Avocado maki	
Edamame salad / wasabi / ginger	



### NIGIRI DISH

Salmon Nigiri.....	4pcs	7
Tuna Nigiri.....	4pcs	7
Prawns Nigiri.....	4pcs	7
Mix Nigiri.....	6pcs	9



### MAKI ROLLS

Salmon Maki.....	6pcs	6.5
Tuna Maki.....	6pcs	6.5
Avocado Maki.....	6pcs	5.5
Cucumber Maki.....	6pcs	5.5



### SIGNATURE SUSHI ROLLS 8pcs

Dragon Prawns Roll.....	11
Prawn/ avocado/ tobiko/ wasabi mayo	
Salmon & Avocado Roll.....	10
Salmon/ avocado/ sesame seed/ spicy mayo	
California Roll.....	11
Crab meat/ avocado/ tobiko/ spicy mayo	
Spicy Tuna Roll.....	11
Tuna/ cucumber/ spicy mayo/ fried onion	
Rainbow Roll.....	11
Cucumber/ avocado/ salmon/ tuna/ prawns/ mayo/ fried onion	
Spider Roll.....	11
Softshell crab/ tobiko/ cream cheese/ cucumber/ avocado/ fried onion	
Garden Roll.....	8
Rocket/ chives/ cucumber/ avocado/ wasabi mayo/ anori powder	



### SASHIMI DISH

Salmon Sashimi.....	4pcs	7
Tuna Sashimi.....	4pcs	7
Seabass Sashimi.....	4pcs	7
Mix sashimi.....	6pcs	9



### DESSERTS

Home-made brownie w/ ice cream.....	5
Ice Cream (please ask for today's flavour).....	3
Mochi ball; (Black Sesami, Coconut or Yuzu).....	4

All our food is freshly prepared in our kitchen, so we are unable to guarantee any food is totally allergen free. Please ask a member of our team for further information.

A discretionary 12.5% service charge will be added to your bill.  
MIO YATAI 129A PRITCHARD'S ROAD E2 9AP 0207 739 2540